

Social Service Agencies for Norman Oklahoma

ABLE — Provides resources for people with developmental disabilities. Administrative offices are at 1175 E Main. 329-3922; www.ableinnorman.org.

Aging Services Inc. — Aging Services of Cleveland County, 1179 E Main, provides transportation, homemaker services, lunch sites and case management for the county's elderly. Services are free. 321-3200.

American Red Cross, Heart of Oklahoma Chapter — The Red Cross, 1205 Halley, provides 24-hour-a-day disaster relief after fires, floods and other disasters; emergency military communications between families and service members; and safety and health classes and education programs. 321-0591; www.redcrossheart.org.

Among Friends — An activity center for developmentally-disabled adults. 1121 E Main St. 701-2121.

Bethesda Inc. — A private agency that specializes in psychotherapeutic counseling and treatment for sexually abused children and their non-offending caregiver, through outreach, education and prevention, 1181 E Main. 364-0333; www.bethesdaok.org.

Big Brothers Big Sisters of Oklahoma — Helps children reach their potential through professionally supported, one-to-one mentoring relationships. Administrative office is at 1155 E Main. 364-3722; www.bbbsok.org/ Norman.

Birth Choice of Norman — Provides free pregnancy tests, ultrasounds and counseling to pregnant women, as well as support for new mothers, including maternity clothes, references to other agencies, baby clothes, diapers, formula and baby food. Office is at 457 W. Gray St. 360-9555; www.birthchoice.org.

Boy Scouts of America, Last Frontier Council — Teaches service to others by helping to instill values in young people to prepare them to make ethical choices throughout life. 840-1114; www.lastfrontiercouncil.org.

Bridges — Provides qualifying high school students with access to housing and basic services so they can graduate. 579-9280; www.bridgesnorman.org.

CASP — A community after-school program for students. Administrative offices are at 1023 N Flood. 366-5970; www.caspinc.org.

Center for Children and Families Inc. — Provides youth activities, play therapy, support groups for parents and children, family and individual counseling, mediation and arbitration, parenting classes and emergency temporary child care. Administrative offices are at 1151 E Main. 364-1420; www.ccfnorman.org

Central Oklahoma Community Action Agency Inc. — Offers a range of services for short-term relief and long-range help against poverty. Office is at 801 Chapel St. 447-0832; www.cocaa.org.

Central Oklahoma Community Mental Health Center — Offers mental health services, 909 E Alameda. 360-5100; www.cocmhc.org.

Cleveland County CASA (Court Appointed Special Advocates) — Provides volunteer advocates for abused and neglected children who are wards of the court, 1650 W Tecumseh Road, Suite 400. 360-5295; www.clevelandcountycasa.org

Cleveland County Genealogical Society Library — Provides local and family history library, local historical records archives and research assistance. Library open from 1 to 5 p.m. Tuesdays, Thursdays and Saturdays. South entrance, Community Services Building, 1119 E Main. 701-2100.

Cleveland County Habitat for Humanity — An ecumenical housing ministry that seeks to eliminate substandard housing in the county. Habitat works in partnership with people in need to build simple, decent homes, 1835 Industrial Blvd. 360-7868; www.ccokhfh.org.

Community Works — A behavioral health and addiction services agency that provides outpatient counseling for individuals and families, 122 E Eufaula St. 447-4499; www.communityworksok.com.

Compassionate Friends — A self-help organization that helps people deal with grief after the death of a child. 360-4287.

Crossroads Youth and Family Services — Provides services for all ages, including counseling programs, emergency youth shelter, juvenile intervention center, Head Start and Early Head Start programs. Administrative offices are at 1333 W Main St. 292- 6440; www.crossroadsyfs.com

East Main Place — A transitional living facility for homeless individuals and families, 1100 E Main. 447-4663.

Food and Shelter for Friends — A nonprofit agency that provides a no-cost meal and temporary family housing to economically disadvantaged people in Norman, 104 W Comanche. 360-4954; www.foodandshelterforfriends.org

Full Circle Adult Day Center — Assists families by providing activities, meals and health monitoring for their elderly loved ones in order to prevent nursing home placement. 447-2955; www.fullcircleok.com.

Girl Scouts-Sooner Council Inc. — Teaches the importance of personal responsibility, the value of goal-setting, the spirit of teamwork and the thrill of accomplishment. 224-5455; www.gswestok.org.

Health for Friends — Provides education, referrals and a wide range of health services, including medical, dental, pharmacy and prenatal services to low-income, uninsured people in Norman, 317 E Himes. 329-4161; www.healthforfriends.org

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Services for seniors

HEALTH SERVICES:

Aging Services of Cleveland County: 321-3200
Alzheimer's Association: 319-0780
Arthritis Foundation: 936-3366
EMSSTAT: 321-1444
Healthlink Physician Referral/Ask a Nurse: (877) 667-6734
Heartland Home Health Care and Hospice: 579-8565
Home Health Services: 364-9361
Norman Regional Health System: 307-1000

SOCIAL SERVICES

AARP Oklahoma: (866) 295-7277
State Department of Human Services: 573-8300
State Rehabilitation Services Department 447-0295
Legal Aid Services of Oklahoma, Norman office: 360-6631
Meals on Wheels of Norman: 321-7272
Norman Housing Authority: 329-0933
Norman Senior Citizens Center: 329-4200
Social Security Administration: 799-0702

RECREATION

Full Circle Senior Adult Day Center: 447-2955

RESOURCES

CART (bus transportation): 325-2278
Disabled American Veterans: 521-0758
Kiwanis Kruiser (transportation): 321-3200
United Way Helpline: 364-3800
Veterans Center: 360-5600

HOUSING

Sterling House of Norman: 573-9200
Arbor House Assisted Living: 292-9200
Brookhaven Extensive Care: 292-2273
Cedar Creek Living Center: 329-6771
Grace Living Center: 366-8800
Holiday Heights Nursing Home: 321-7932
Rambling Oaks Assisted Living Center: 360-4755
Rivermont Retirement Community: 360-0606
Rose Rock Villa: 329-0933
Senior Cottages of Norman: 292-7714
Savannah House of Norman: 329-2450
Villa de Vey: 329-2450